

# TRAVEL+ LEISURE

WORLD'S  
MOST  
UNFORGETTABLE  
VIEWS

70

TRAVEL  
WEBSITES  
YOU  
SHOULD  
KNOW

TRIP  
NAVIGATOR:  
BEIJING

easy  
fall  
getaways

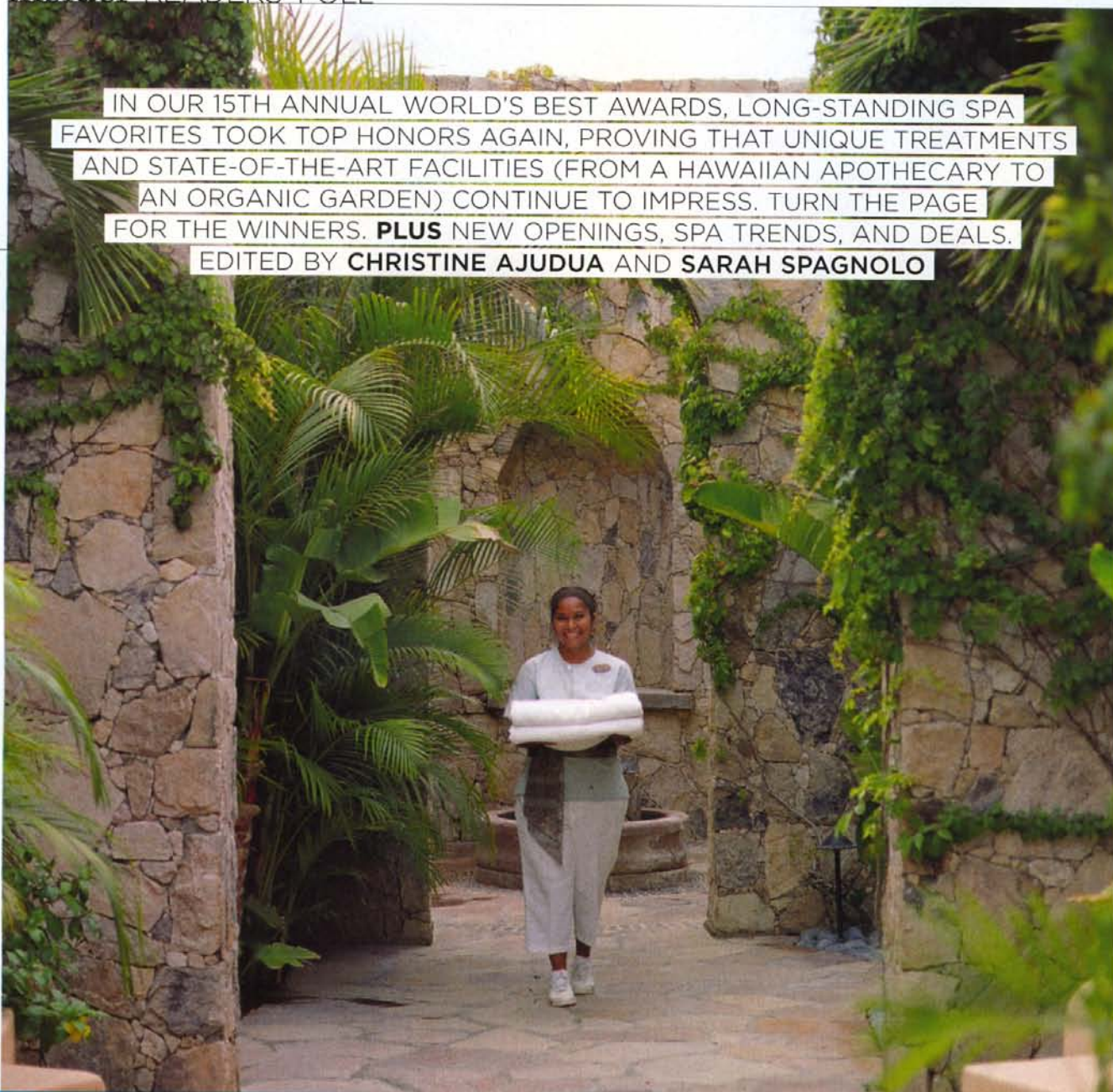
HUDSON  
RIVER  
VALLEY  
LONDON  
ANGUILLA  
MEXICO  
FRANCE  
FLORIDA  
**AND MORE**

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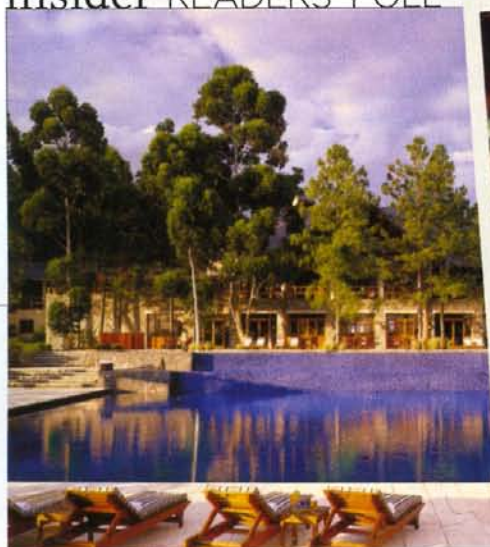
TravelandLeisure.com OCTOBER 2010

IN OUR 15TH ANNUAL WORLD'S BEST AWARDS, LONG-STANDING SPA FAVORITES TOOK TOP HONORS AGAIN, PROVING THAT UNIQUE TREATMENTS AND STATE-OF-THE-ART FACILITIES (FROM A HAWAIIAN APOTHECARY TO AN ORGANIC GARDEN) CONTINUE TO IMPRESS. TURN THE PAGE FOR THE WINNERS. **PLUS** NEW OPENINGS, SPA TRENDS, AND DEALS. EDITED BY **CHRISTINE AJUDUA** AND **SARAH SPAGNOLO**



# WORLD'S BEST SPAS

The Spa at Esperanza, An Auberge Resort, voted the No. 1 hotel spa in Mexico by T+L readers.



**SPA BLISS** From far left: The Four Seasons Resort in Carmelo, Uruguay; an alfresco massage at Hawaii's Four Seasons Resort Hualalai; fresh-squeezed juice served post-treatment at Esperanza, in Mexico.

TOP 5 HOTEL SPAS

## Hawaii

1. **FOUR SEASONS RESORT HUALALAI** Hawaii 93.42
2. **GRAND WAILEA** Maui 90.92
3. **FOUR SEASONS RESORT MAUI AT WAILEA** 89.29
4. **FAIRMONT ORCHID** Hawaii 89.06
5. **RITZ-CARLTON KAPALUA** Maui 89.05

TOP 5 HOTEL SPAS

## Central and South America

1. **FOUR SEASONS RESORT** Carmelo, Uruguay 92.22
2. **LLAO LLAO HOTEL & RESORT, GOLF-SPA** San Carlos de Bariloche, Argentina 91.36
3. **FOUR SEASONS HOTEL** Buenos Aires 90.26

TOP 10 HOTEL SPAS

## Asia

1. **FOUR SEASONS RESORT BALI AT JIMBARAN BAY** 96.07
2. **FOUR SEASONS RESORT** Chiang Mai, Thailand 95.00
2. **MANDARIN ORIENTAL** Hong Kong 95.00
4. **FOUR SEASONS HOTEL** Shanghai 94.09
5. **MANDARIN ORIENTAL** Bangkok 93.85
6. **J.W. MARRIOTT PHUKET RESORT & SPA** Thailand 92.92
7. **ANANTARA GOLDEN TRIANGLE RESORT & SPA** Chiang Rai, Thailand 91.00
8. **RAFFLES GRAND HOTEL D'ANGKOR** Siem Reap, Cambodia 90.00
9. **SHANGRI-LA'S MACTAN RESORT & SPA** Cebu, Philippines 87.50
10. **INTERCONTINENTAL** Hong Kong 86.67

Denotes a Great Value

TOP 5 HOTEL SPAS

## Mexico

1. **ESPERANZA, AN AUBERGE RESORT** Los Cabos 93.50
2. **CASAMAGNA MARRIOTT PUERTO VALLARTA RESORT & SPA** 92.78
3. **LE MÉRIDIEN CANCÚN RESORT & SPA** 92.22
4. **FOUR SEASONS RESORT** Punta Mita 86.54
5. **PUEBLO BONITO SUNSET BEACH RESORT & SPA** Los Cabos 85.77

TOP 10 HOTEL SPAS

## The Caribbean, Bermuda, and the Bahamas

1. **COUPLES TOWER ISLE** St. Mary, Jamaica 96.00
2. **COUPLES SANS SOUCI** Ocho Rios, Jamaica 93.36
3. **COUPLES SWEPT AWAY** Negril, Jamaica 92.28
4. **ONE&ONLY OCEAN CLUB** Paradise Island, Bahamas 90.24
5. **PETER ISLAND RESORT** British Virgin Islands 89.62
6. **ROSEWOOD LITTLE DIX BAY** Virgin Gorda, British Virgin Islands 89.23
7. **COVE ATLANTIS** Paradise Island, Bahamas 87.68
8. **FAIRMONT SOUTHAMPTON** Bermuda 87.50
9. **HALF MOON** Montego Bay, Jamaica 87.22
9. **LA SAMANNA** St. Martin 87.22



**TREND MEDICAL SPAS** HERE, THREE NEW SPOTS WHERE YOU CAN GET A FACIAL—AND A CHECKUP.

● Inspired by traditional Chinese medicine, the Chuan Spas at Pasadena, California's **Langham Huntington** and Shanghai's **Langham Yangtze Boutique** ([langhamhotels.com](http://langhamhotels.com); treatments from \$130) offer Eastern healing techniques like cupping and acupuncture. ● The Northwest Face Spa at the **Woodmark** ([thewoodmark.com](http://thewoodmark.com); treatments from \$125), on Lake Washington near Seattle, aims to diminish the signs of aging with a dual approach: chemical peels, laser skin-tightening, and other noninvasive treatments followed by chocolate and cucumber-butter body wraps. ● Complete with a "day hospital" and 58 spa rooms, the 120,000-square-foot Malo Clinic Spa, at the **Venetian Macao Resort Hotel** ([venetianmacao.com](http://venetianmacao.com); treatments from \$60), combines diagnostic services with treatments such as hydrotherapy, Botox injections, and cosmetic surgery. —NORA ZELEVANSKY