



Spa Fact Sheet Peter Island

Overview

A sanctuary in its own right, the spa is far removed from the main pavilion of the resort, ensuring a tranquil and peaceful experience. The spa is located on Big Reef Bay, offering guests pristine beaches for private yoga classes, brisk walking, sunbathing and a day of total bliss.

This 10,000-sq.-ft. spa imbues a casual elegance with two onsite Ayurvedic physicians, Dr. Sabaree Santhanam and Dr. Raja Chinnamanar, who will assist guests with a variety of lifestyle and wellness treatments such as: anti-aging consultations, nutrition, weight loss, vigor and vitality programs. All of the treatments use the ancient teachings/wisdom of Ayurvedic medicine.

Mailing Address

P.O. Box 211, Road Town, Tortola, British Virgin Island
or P.O. Box 9409, Charlotte Amalie, St Thomas 00801-9409

Website

www.peterisland.com

Reservations

Toll Free: 800-346-4451

The Spa

The Spa at Peter Island offers a discovery of sea and self using local organic ingredients, cactus fiber clothes for gentle exfoliation, signature organic scrubs and wraps, and indigenous infused Hibiscus and sea salt treatments, which are among the treatments that put guests in synchronicity with the sea and the sky.

Highlights

The spa is nestled among lush tropical hillsides with overlooks of Big Reef Bay and the Caribbean Sea. Beyond the 10,000-sq.-ft. spa and inspiring ocean views lie a palm-shaded tranquility garden, meditation area, a mesmerizing waterfall and two very intimate couple retreat suites (bohios). Couples can enjoy a stress-free, romantic day together full of renewal, intimacy and reconnection. Details:

- 10,000-sq.-ft spa
- 2 on-site Ayurvedic doctors
- 10 indoor treatment rooms
- 2 outdoor bohios – oceanfront retreat suites
- 6 indoor couples suites
- 2 manicure stations
- 2 customer-designed pedicure stations
- Dedicated Ayurvedic treatments
- Hair salon
- Horizon infinity lounge pool
- Hydrotherapy tubs
- Meditation area
- Men's & women's changing rooms
- Men's & women's steam room

- Oversized, private oceanside Jacuzzi
- Pedicure thrones and manicure stations
- Private beach
- Relaxation lounge
- Retail boutique
- Spa lounge
- Swiss showers
- Tranquility garden
- Yoga sessions – private or group

Peter Island Spa Treatment Highlights

- After-sun soothers
- Caribbean coffee signature scrub
- Caribbean Kur Odyssey
- Coconut & frangipani signature scrub
- Diamond peel facial treatment
- Ginger & tropical lime signature scrub
- Honey & sesame signature scrub
- *Ingrid Millet Paris – Caviar*, aromatic and brightening facials
- Microdermabrasion treatments
- Purifying mud remineralizers
- Therapeutic massages
- Wellness & healing therapies:
 - Ayurvedic
 - Acupuncture
 - Iris diagnosis
 - Reflexology
 - Reiki
 - Yoga (Dynamic, Hatha, Gentle, Thai)

Spa Products

Ingrid Millet Paris – In 1959, French cosmetologist Madame Ingrid Millet made the groundbreaking discovery that plant cellular extracts have a remarkable rejuvenating effect on the skin. She became the first to use them in cosmetics to combat premature skin aging. The first INGRID MILLET Institute opened in Paris in 1966. Her holistic approach to skin diagnosis, personalized beauty regime and home-use products launched to an appreciative international clientele. In 1974, Millet discovered the unique properties of caviar and its ability to fight the aging process. This led to the creation of a highly active ingredient, Caviar Complex, and the Perle de Caviar skincare collection. The full line of Ingrid Millet products are used and retailed at the spa.

For additional information, please download the resort's 2011 Fact Sheet www.peterisland.com/factsheet.

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